



Strengthening Team Performance



With Sarah Jones

What do you think?

- What makes a good team?
- What makes a poor team?
- Which teams do you admire?
- Why?

70%



Sarah-J

BECOME YOUR BEST



Sarah-J
BECOME YOUR BEST

A little story





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BECOME YOUR BEST

WHY YOU WILL MARRY THE WRONG PERSON

@THE SCHOOL OF LIFE





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BECOME YOUR BEST





Fig 2: Team Development stages

Top 5 Mistakes

- 1. No clear vision**
- 2. No Clear Roles**
- 3. Poor Communication**
- 4. No buy in – scared to Rock the Boat**
- 5. Failure To Recognise Talents and Styles**



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BECOME YOUR BEST

Top 5 Remedies



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BECOME YOUR BEST

- 1. Co-create a vision and goals**
- 2. Clear roles and responsibilities**
- 3. Enable open, two-way communication –
agree as a team**
- 4. Allow participation in projects - development**
- 5. Recognise styles and talents**

Perspectives On Behaviour – DiSC profiling

Do you know someone who is assertive, to the point, and wants the bottom line?

Some people are forceful, direct, and strong-willed.

D

This is Style

Do you have any friend who are great communicators and friendly to everyone they meet?

Some people are optimistic, friendly, and talkative

I

This is Style

Do you have any family members who are good listeners and great team players?

Some people are steady, patient, loyal, and practical.

S

This is Style

Have you ever worked with someone who enjoys gathering facts and details and is through in all activities

Some people are precise, sensitive, and analytical.

C

This is Style

Key points



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BECOME YOUR BEST

Set your Goals as Leader – self leadership

Co-create with your team

Leverage strengths - address weaknesses

Celebrate wins

GREAT TEAMS REQUIRE GREAT LEADERS!

The **FIVE** DYSFUNCTIONS *of a* TEAM

by **PATRICK LENCIONI**



**Inattention
to Results**

**Avoidance of
Accountability**

Lack of Commitment

Fear of Conflict

Absence of Trust

Sarah



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Sarah-J Coaching



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