Wellbeing and Resilience Programme

Hertfordshire Chamber of Commerce/BBfA 'Staff Safety and Wellbeing'

20 May 2021







Hertfordshire Growth Hub





- Led by and delivered on behalf of Hertfordshire Local Enterprise Partnership
- Delivered by a consortium of partners, led by business support specialists Exemplas, with the University of Hertfordshire and Hertfordshire Chamber of Commerce
- Support is <u>free</u> to access and available to all businesses in Hertfordshire (including the third sector)
- Central point of access for Business Support



Wellbeing and Resilience Programme



Working in partnership with Public Health at Hertfordshire County Council to help you to achieve resilience in the workplace by:

- Providing training on our 'Wellbeing During Challenging Times' Guide to help you introduce methods for addressing your own wellbeing and communicating with individuals in your workforce who may be having difficulties
- Signposting you to local specialist support for issues affecting the mental health and wellbeing of you or your workforce
- Highlighting the business case for addressing workplace wellbeing engaged and healthy workforce increases business productivity
- Providing advice and tools to take your first steps in developing a wellbeing strategy for your business





Tools for Business Owners and Employers



Templates, Videos, Articles – all available on our website Knowledge Bank



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IHASCO

iHASCO Mental Wellness Action Plan for the workplace

30 Apr 2021

Wellbeing



SUE HAZELTON, HERTFORDSHIRE GROWTH HUB

How Managers Can Support Healthy Remote Working

15 Mar 2021

COVID-19, Staff, Wellbeing



SUE HAZELTON, HERTFORDSHIRE GROWTH HUB

Making the Business Case for Supporting Mental Health in the Workplace

11 Jan 2001

Mental Health support, Staff,



HERTFORDSHIRE GROWTH HUB

On-Demand Video: Mental Health and Wellbeing - Local support services for you and your workforce

26 Nov 2020

Wellbeing





How we can help



Issues raised:

- Business owners were concerned about how to prepare their workforce to return to work after long periods of furlough
- Exhaustion from juggling unprecedented work / life issues
- Unsure how the business could trade profitably under social distancing restrictions

Support Offered:

Funded by

- Free 'Wellbeing During Challenging Times' workshop and guide for support with psychosocial communication skills and support available
- Supported using videos and templates from our website Knowledge Bank to help with communication.
- Managed referral to one of our Growth Account Managers to support with the business related enquiries on financial planning through the Get Growing 2 programme.
- Information on Rapid Testing for the Workforce to increase employee and consumer confidence once open and signposted to BBfA resources.







Thank you

For further information please visit our website: www.hertsgrowthhub.com

Email: enquiries@hertsgrowthhub.com